

## SPALDWICK NEIGHBOURHOOD WATCH

### Residential burglary - crime prevention advice

Reports of burglaries across the district show an increase in the run up to Christmas.

Our burglary team are investigating all reported offences, and both highly-visible and plain-clothed patrols are taking place across our area. In some offences, we are seeing a small hole made in glass doors in order to reach and unlock the door from inside. Burglars will usually gain access to properties to the rear.

Help protect your home:-

- Remove keys from the inside of the doors (note that not doing so could invalidate your insurance, or reduce the value of a claim )
- Lock all doors and windows, even if you plan to be away from home for a short time
- Ensure all security lighting is operational during the hours of darkness
- If you have a burglar alarm, make sure that it is set
- Inform your neighbours if you are going away

**Call 101** - For all **non-emergencies**, general enquiries and to report crime.

In an emergency, when a life is in danger or there is a risk of violence or serious injury or when a serious crime is being committed please **call 999**.

Or use **Crimestoppers** to make a report **anonymously** by calling 0800 555 111

By e-mail at [HuntsCops@cambs.pnn.police.uk](mailto:HuntsCops@cambs.pnn.police.uk)

David Henrick 01480896556 david.consult@btinternet.com

### Jan/Feb Waste Bin Collection

Blue	Wed 3rd	Tues 16th	Wed 30th
Green	Fri 6th	Thur 18th	Feb 1st
Grey	Tues 9 <sup>th</sup>	Tues 23rd	Feb Tues 6th

## SPALDWICK NEWS


### JANUARY 2018

# HAPPY

# NEW

# YEAR

# 2018



# BROWNIE POINTS

Do 'you' need Brownie Points?

Get those jobs done that you have been promising to...  
**'get done tomorrow!'**

**A qualified decorator could be your saving grace!**  
Internal and external painting, wallpapering and emulsifying.

Give Rob a call on **07971 337 581** or **01480 891 961**  
or email: [r.bates01@btinternet.com](mailto:r.bates01@btinternet.com)

*Gutters also cleaned out and repaired*



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call: **01954 782920**  
or visit: [www.ijcbuildingservices.co.uk](http://www.ijcbuildingservices.co.uk)

IJC is a family run Cambridgeshire business with over 30 years' experience. We offer a comprehensive range of domestic and small commercial works across all forms of building, plumbing, heating and renewable services.

45 Viking Way, Bar Hill, Cambridge, CB23 8EL

For items in the News email  
[john@blatch.com](mailto:john@blatch.com)

For items on the Website email  
[info@spaldwick.com](mailto:info@spaldwick.com)

## Spaldwick Parish Council

Chairman: Steve Fane de Salis  
Clerk: Ms Ramune Mimiene, 24 Manchester Rd., Brampton, Huntingdon PE28 4QF  
Phone: 01480 535265 email: [clerkspaldwick.pc@gmail.com](mailto:clerkspaldwick.pc@gmail.com)  
Website: <http://www.spaldwickparishcouncil.org.uk>

The next meeting will be held at Spaldwick School on Thursday 18<sup>th</sup> January at 8.00pm




Spaldwick Social Group's Santa Sleigh Ride came to the village again at Christmas, distributing 90 presents to happy children.

Thank you to all the elves and to Father Christmas, also to Susie who provided the sleigh.

# Spaldwick Church

## January Services

7th	09.30am	Morning Worship	Jill Dighton
14th	4.30pm	Messy Church	
21st	09.30am	Parish Communion	Stephen Bowring
28th	5.00pm	Prayer and Praise	Stephen Bowring

Stephen Bowring (Vicar) 01480 860792

John Blatch (Churchwarden) 890853

## CHRISTMAS CONCERT

Our Christmas Concert was a great success with about 80 people attending. Many thanks to the performers, Laura Mitchell, Poppy Hall and her friends, Eddie Roughsedge and Mark Sturdy . and to Paul Hall our compere.

Also thanks to all who contributed food and drinks and who helped on the night. The Concert raised £427 towards church funds. Hopefully this year we will start spending on the improvements to the church.

## CHURCH FLOWERS

Thank you to the group of men and ladies who so kindly decorated the church in greenery and white this Christmas it looked very festive. Thank you also to everyone who has put flowers in the church over the year. We have a rota of people who provide a simple bunch often in memory of someone (and there is a little book to record this info if you wish). We will shortly be compiling the 2018 rota so please get in touch if you would like to be included. I will be in contact with everyone on the last rota. Thanks Julia 01480 890203 [rutherfordjulia@aol.co.uk](mailto:rutherfordjulia@aol.co.uk)

## Stay Well This Winter

Winter weather can be seriously bad for our health. Being cold can aggravate existing conditions and raise the risk of increased blood pressure, heart attacks and strokes. However, there are lots of things you can do to stay well this winter.

- **Get expert advice from your pharmacist**  
If you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious. Seek advice on the best treatment from your local pharmacist.
- **Make sure you get your free flu jab**  
Flu is a highly contagious and can cause serious complications for at risk groups. Adults over 65; those with long-term health conditions; children aged two to eight; carers and pregnant women may all be eligible for a free flu vaccination – ask your GP practice today.
- **Stock up your medicine cabinet**  
A well-stocked medicine cabinet can help you treat common winter ailments such as coughs, colds, sore throats and sickness bugs at home and will save you going out if you feel unwell. Ask your pharmacist about essential medicines to keep at home.
- **Keep warm**  
Keeping warm, both inside and outdoors, over the winter months can help to prevent colds, flu and more serious health problems such as heart attacks, strokes, pneumonia and depression.
- **Get the right help**  
Make sure you're receiving all the help you are entitled to. Learn how to make your home more energy efficient and take advantage of financial schemes to keep up with energy bills. Visit [www.nhs.uk/Livewell/winterhealth/Pages/KeepWarmKeepWell](http://www.nhs.uk/Livewell/winterhealth/Pages/KeepWarmKeepWell) for details.

For further information on staying well this winter visit [www.nhs.uk/staywell](http://www.nhs.uk/staywell)

Alice's Pet and Baby Sitting  
Service



- Dog walking
- Watering Gardens
- House, Pet and Baby sitting
- Contact Alice Rutherford on: 07803 293404 or  
Alice.k.rutherford@aol.co.uk




## PONY EXPRESS

The Pony Express was active again at Christmas and raised £150 towards church funds. Many thanks to Posies for Ponies who provided the miniature Shetlands and to Julia and Alice Rutherford and to Liz Mc Cue who made the deliveries.

## Make a difference and become a Community Car Scheme Coordinator!



The Highwayman community car scheme are looking to recruit a volunteer coordinator. This is a much valued service and provides a door-to-door transport service for people who do not have the use of a car and have difficulty accessing public transport. Not only does it enable them to access essential services but also helps them to keep in social contact and avoid becoming isolated.

This is a wonderful volunteering opportunity for anyone who would like to help in their community. The role would involve answering the phone and arranging a driver. The car scheme is supported by Care Network Cambridgeshire and Cambridgeshire County Council community transport officer.

The scheme covers the areas of Gt Staughton, Lt Staughton, Spaldwick, Grafham, Stonley, Kimbolton, Perry, Ellington, Catworth and Brington.

If you are interested and would like further  
information please contact:

**Highwayman on 07786 520540**

Please leave a message and we will get back to you as soon as possible.



