

## SPALDWICK NEIGHBOURHOOD WATCH

### Volunteer Required - Neighbourhood Watch Coordinator for Spaldwick

I have recently taken on the position of Neighbourhood Watch Coordinator for the Catworth Cluster Group - that includes Spaldwick and the surrounding villages. If anyone would like to assist me by helping with our village neighbourhood watch scheme please contact me by phone or email - details below.

Christmas is a busy time of year for everyone, including the criminal.

**Don't let the criminal enjoy Christmas at your expense.**

Top tips for a crime free Christmas

#### Your car

Don't leave presents in full view on the back seat when out shopping.

Always lock your car and make sure windows are closed.

Never leave your keys in the ignition whilst your vehicle is unattended.

Don't leave any valuables in the glove compartment. Take bank cards, mobile phones and satellite navigation systems with you. These items are on a car thieves' shopping list.

Make sure you park in a well lit area or in an attended car park.

#### Your home

Keep doors and windows locked at all times, even when you are in the house.

Keep presents out of sight.

Don't leave empty boxes on display outside.

Don't leave car keys and handbags lying around on display.

Make it look like someone is at home when you're going out for the evening.

If you are going on holiday over the festive period, ask someone to keep an eye on your house.

If you have any information you can contact Crimestoppers anonymously on **0800 555 111**

<http://www.crimestoppers-uk.org>

**Report suspicious activity to the Police - 0345 456 4564**

For Internet users more information is available at: [www.mynhw.co.uk](http://www.mynhw.co.uk)  
[www.cambs.police.uk](http://www.cambs.police.uk) and [www.cambsnhw.org.uk](http://www.cambsnhw.org.uk)

# SPALDWICK NEWS

## November 2011



**No. Twelve, the Spaldwick Shop**, has won the Hunts Post award for the best independent retailer in Huntingdonshire. Darrell would like to say thank you to everyone who helped him to get this award.

Village shops have had a hard time for many years, do help to keep ours going. Think before you head for the supermarkets, petrol alone will cost about £3 and the AA figures for all car costs are about £10 for a round trip to Huntingdon.

100 Club Winners in October

The October winners were £40 Mrs Beatrice King and £20 Jim Milton, both of Royston Avenue

## Spaldwick Community Primary School

### Admissions, September 2012.

The application period is now open for parents who will have a school aged child in the next academic year [the child will be five between Sept 1<sup>st</sup>, 2011 and 31<sup>st</sup> August, 2012]

We will be holding an 'open school' event on **Saturday 19<sup>th</sup> November, 10.30am – 12.30pm**, during which we hope parents and pupils for admission will come and look around the school. Members of our Pupil Employment Project look forward to showing you round our 'outstanding school.'

Please contact Miss Prior, if you would like further details about this event or Spaldwick School.

[www.spaldwickschool.org.uk](http://www.spaldwickschool.org.uk)    [rprior@spaldwickschool.org.uk](mailto:rprior@spaldwickschool.org.uk)

To apply for your child's place in September, you can apply online [www.cambridgeshire.gov.uk/admissions](http://www.cambridgeshire.gov.uk/admissions).



## PARISH COUNCIL

Chairman: Bernard Plummer, 41 High Street, Spaldwick PE28 OTD

Clerk: David Stowell, 23A Thrapston Road, Spaldwick PE28 OTA

Phone: 890065 email: [davidstowell@onetel.com](mailto:davidstowell@onetel.com)

**The next meeting of the Parish Council** will be held in the Community Room, Spaldwick School on Thursday 17th November commencing at 8 pm. Members of the public are welcome to attend and may address the meeting on relevant matters during the Open Forum. The agenda, and the minutes of the last meeting may be viewed on the website [www.spaldwickparishcouncil.org.uk](http://www.spaldwickparishcouncil.org.uk) and on the notice boards located on the Village Green and in Royston Avenue. Minutes of earlier meetings are also held on the website.

### Cambridgeshire County Council review of subsidised bus service funding.

Cambridgeshire County Council has agreed to review a decision taken in February 2011 to cut the £2.7 million over the next four years that is currently spent on subsidising bus journeys in Cambridgeshire. This cut in spending would be likely to lead to the withdrawal of some bus services including those which serve Spaldwick. Alongside this, the Council is also currently investigating new and innovative means of delivering public transport services through its Cambridgeshire Future Transport programme.

Understanding the views, opinions and preferences of customers is key to the decision making process and hence all current and prospective bus users are asked to complete a questionnaire which can be found at [www.cambridgeshire.gov.uk/busreview](http://www.cambridgeshire.gov.uk/busreview). If you are unable to complete this online please give David Stowell a ring on 890065. He will be able to help you to do so or will provide a paper copy for you to complete yourself.

### Waste Bin Collection Dates

#### November

Green

Tues 1st

Tues 15th

Tues 29th

Blue

Fri 4th

Fri 18th

Dec Fri 2nd

Grey

Tues 8th

Tues 22nd

Tues 6th

# SPALDWICK CHURCH

November

- 6th 6.00pm All Saint's Eventide Eucharist
- 13th 10.00am Remembrance Sunday Eucharist  
10.55 Act of Remembrance at the War Memorial
- 20th No Service Nearest services Barham 8.00am  
Easton 9.30am
- 27th 9.30am Advent Sunday Eucharist



Ava Lessing-Caller, Aine Harbour, Alice Rutherford, Lorcan Harbour and Ben Rice after their First Communion service in the Church last month



## Youth Up-Date

It's been another busy month at Escape with the new Year 6 children from Spaldwick School joining the regulars on Friday evenings.

This month we have news of an exciting new way to support the youth group and a request for more parents to help out at the youth group sessions.

### Helping Escape while you shop!

Thanks to the generosity of Mark Heath and the Spaldwick website, there's now a way to do your Christmas shopping and help Escape at the same time.

Mark has added an Amazon product search box on every page of the Spaldwick website, and has kindly offered to donate all proceeds to support Escape.

Please spread the word! Any purchases that result from using this search box will generate a small commission. Hopefully, the more people that use this (rather than going to Amazon directly), the more money that will be made for Escape.

So, if you, your friends or family members use Amazon, please encourage them to go through the Spaldwick site. Hopefully, we can generate a significant amount for the club.

Everyone pays exactly the same as they would before, but Escape will receive the commission. A big thank you to Mark!

### Thank you page

We now have a 'thank you' page on the Escape section of the Spaldwick website. Among the many kind donations we've received, is a new one of £100 from the Ellington Reserve Fund. Many thanks to them and all our supporters.

### Message for parents

A reminder that we now sometimes have in excess of 50 young people attending our sessions and currently have 75 on our register. Unfortunately, this means that on some sessions we have to limit the number of entrants.

**We advise parents to check before leaving their son or daughter that they have gained entry to Escape. Thank you.**

We are now no longer taking new members. However people can register to be added to our waiting list.

We also advise parents that young people are free to come and go at their will. All we ask is that they sign in and out.

**We're still on the look out for volunteers who would like to help out with the running of the sessions. If you can help, please contact a member of the committee. Your help will be much appreciated!**



**the George**  
SPALDWICK

Home About Us Bar & Restaurant Location Contact Us

Bookings NOW for Christmas  
DON'T MISS OUT!

Take the tour

**What's on at the George**  
Enjoy our fantastic roast at The George every Sunday between 12-6pm. A selection of succulent meats and freshly cooked vegetables awaits. Our normal menu is also available to provide you with plenty of mouth-watering choice in a relaxing setting.

**It's Nice as Pie Night Every Monday Night**  
Enjoy a delicious homemade pie made with a choice of fillings and tasty vegetables and choice of potato. Why not take us up on our Special Offer of our homemade pie and a pint or glass of wine for just £10? Finally, a reason to look forward to Mondays!

**Every Wednesday Night is Steak Night**  
How'd you like it? Well done, medium, or do you dare to go rare? If you like a good steak then you certainly won't be disappointed. We'll cook it just how you like it with a choice of side dishes.

**Thursday is Half Price Fizz Night**  
The George is an original 16th century barn where you'll feel just as at home whether you pop in for a drink or stay a little longer and have a bite to eat. Come see us on a Thursday night and enjoy a glass or bottle of bubbly – at half price!

### OPEN HOUSE

The next Open House will be on 28th November at 43 High Street from 1.30 to 3.30 (Times changed) Do come along and enjoy a chat over tea, coffee and cake.

### DATES FOR YOUR DIARY

Tues 8th November Save the Children at Orchard house, High Street  
 Mon 28th November Open House 43 High Street  
 Dec 18th Church Carol Party  
 Dec 19th Village Carols  
 Feb 11th Valentine's Dance

HUNTINGDON RUGBY CLUB STILL WANTS YOUR EMPTY DRINKS CANS!!! The crate is outside Threeways, High Street. Please help to fill it

Check the Village Website, [spaldwick.com](http://spaldwick.com) for up-to-date news

RE blue waterproof jacket, lost and found!

To the thoughtful and public spirited individual who found my blue waterproof jacket in Long Lane (Browns Lane) and fastened it securely on to the post by the footpath, from where I was subsequently able to retrieve it. A kind gesture - many thanks, whoever you are. From Faye Barnden, Spaldwick.

**RECYCLE YOUR OLD CLOTHES,  
BOOKS AND DVD'S TO HELP RAISE FUNDS FOR  
SPALDWICK SCHOOL**

The next collection is

**Tuesday 8th November 9:00am**

Please help us to raise funds for school. Now is the time to have a clear out and ask family and friends too.

As last time please use your own bags, and box books and DVDs separately.

**WHAT WE CAN TAKE:**

Clothes, paired shoes, handbags, blankets, sheets, curtains, soft toys or books and DVDs (in separate box / strong bag)

*Please deliver your donations to school on the morning of 8th November.*

*If you are unable to deliver your donations please contact Claire on (01480) 896210 before the 7th November to arrange collection.*



**Save the Children**

**SAVE THE CHILDREN  
COFFEE MORNING AND CHRISTMAS CARD  
SALE**

Orchard House, 39 High Street  
Tuesday 8 November

**10am until 1pm**

Do come along to this year's fund raising

**Christmas Card Event**

on behalf of

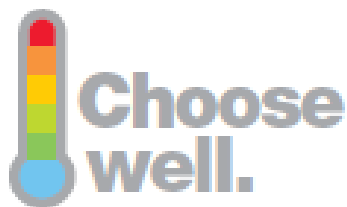
**Save The Children**

Come and have a coffee and a chat and choose from this year's range of Christmas Cards

Everyone is welcome



Several hot air balloons passed over Spaldwick last month. They probably came from Sywell near Northampton, which is the nearest place from where you can get a ride. Photo taken by John Saynor of Stow Road.



## NHS Cambridgeshire helps you to Choose Well this Winter

Choose Well is a national campaign which helps people find the most appropriate care for their needs. Its aim is to remind people that there are a range of NHS services available on the doorstep.

**Self-care** is the best choice to treat very minor illnesses and injuries which can be treated at home simply by combining a well-stocked medicine cabinet with plenty of rest. Ensure your medicine cabinet includes:

Paracetamol or aspirin • Anti-diarrhoeal medicine • Rehydration mixture  
Indigestion remedies • A thermometer

For expert help and advice you can visit **NHS Choices** – [www.nhs.uk](http://www.nhs.uk) or **NHS Direct on 0845 46 47**.

Minor illnesses or injuries should be treated by your **local GP**.

**Accident and Emergency Departments** should only be used in a critical or life-threatening situation. Dialling 999 and stating a medical emergency will result in a response vehicle being sent to you.

If your local GP surgery is closed and you have an urgent medical need you should **telephone your normal GP number**.

You will be diverted automatically to the **out of hours service** and be put through to an emergency call handler who will take your details and pass them to a nurse/clinician. They will call you back and be able to assess your needs and advise you of what action is needed.

If your call has been assessed as a medical emergency you will be dealt with straight away and an ambulance called on your behalf. If your call has been assessed as urgent you will be seen either at one of the primary care centres in Cambridgeshire or receive a home visit within two hours depending on your needs. For less urgent cases you will be directed to the right service within six hours. You may also be given advice or reassurance over the phone for less urgent or serious conditions.

# M E D I C A L M A T T R E S

Depending on when your surgery closes, the out of hours services operate during the following times:

**Monday to Friday 6.30pm to 8.00am** • 24 hours a day on Saturdays and Sundays and Bank Holidays

If you need **out of hours dentistry care**, the emergency number is **01223 471798**. You can only access this service if you have telephoned the out of hours telephone line and have been triaged as being appropriate for a pre-booked appointment. There are 3 dental access centres across Cambridgeshire based in Cambridge, Huntingdon and Wisbech. Each Access Centre is open for 3 hours, mornings only. This service is not available for lost fillings, crowns etc.

**For more information on how to Choose Well and how to access services please visit NHS Cambridgeshire's website**

[www.cambridgeshire.nhs.uk](http://www.cambridgeshire.nhs.uk) or telephone PALS ( Patient Advice & Liaison Service on freephone 0800 279 2535

## Re-ablement

Being independent following an operation or illness

If you or someone you care for requires social care support following an illness or operation, this would traditionally have been provided by a care assistant providing direct care to the person in need.

Since September 2010 a new service, re-ablement, has been providing support to enable older people who have poor physical or mental health following illness or an operation to live in their own homes.

Re-ablement programmes can last for as little as a few days and generally don't exceed six weeks. The ethos of re-ablement is to encourage people to do things for themselves rather than having things done for them. There is no charge to the individual as long as they are participating in the programme.

Re-ablement is now being offered to a wider client group including new service users with a physical disability and new occupational therapy referrals. Future development of the service will look at assisting older people who already have a care package but due to illness or physical issues may now require a higher level of support.

You can find out more about re-ablement at

[www.cambridgeshire.gov.uk/social](http://www.cambridgeshire.gov.uk/social)